

Becoming an Evocative Coach Practice Guide
Chapter 2: Activity 1

Activity 2.1 Coach as Whisperer: Watch these two videos of Monty Roberts and reflect on how they apply to coaching.

- *Cruelty is Not Needed*—<https://www.youtube.com/watch?v=A0P7yXu2-mI>
- *Join-Up Example*—<https://www.youtube.com/watch?v=9Dx91mH2voo>

*In what ways are our
coachees "roped" into
doing things in a certain
way, against their will?*

*In what ways may they feel
troubled or trapped?*

*What did you sense
when the horse lowered
its head, came in, and
offered itself to Monty, the
moment of "Join Up?"*

*How does Monty 's
energy reflect the kind of
energy in coaching that
builds trust?*