

Becoming an Evocative Coach Practice Guide
Chapter 8: Activity 3

Activity 8.3 VIA Strengths Survey: Take the *VIA Signature Strengths* questionnaire at www.authentic happiness.sas.upenn.edu. You will need to register to establish an account, however, there is no cost or obligation to take the survey. Once on the web page you will find the survey in the *Questionnaire* section. Click on the arrow and scroll down.

*Share your most
used strengths
with a friend.
What was
surprising?*